



800 South Taft Avenue • Loveland, CO 80537 • Office (970) 613-5004

## Employee Assistance Plan

The Employee Assistance Plan is made available to Thompson School District employees and their dependents at no additional cost to employees or dependents. To be eligible, the employee must be enrolled in the district's long-term disability plan, offered by The Standard Insurance Company.

The benefits include information, consultation and referrals to community resources for a variety of concerns, including but not limited to:

- Marital or relationship difficulties
- Stress management
- Troubled children or adolescents
- Parenting issues
- Alcohol and drug use
- Legal and financial problems, including ID Theft
- Illness or loss of a love one
- Depression and anxiety
- Emotional well-being
- Adult and elder care services
- Education resources

Employees and their dependents have access to a member advocate 24 hours a day, 365 days a year. They may benefit from the personal confidential screenings, training modules, use of the large reference library, goal and success planning and follow-up.

For more information:

View the Horizon Health Services booklet or call the Insurance and Risk Management Department, 613-5004 or 613-5006.